

North Central London Joint Formulary Committee

Herbal Supplements Position Statement

Herbal supplements are non-formulary in North Central London. The evidence for these has not been reviewed at any formulary committee in North Central London.

Prescribers should not initiate herbal supplements for any new patients.

Patients established on herbal supplements should be reviewed with a view to having these supplements stopped.

NHS England category: Item of low clinical effectiveness, where there is a lack of robust evidence of clinical effectiveness or there are significant safety concerns.

- Under Traditional Herbal Registration there is no requirement to prove scientifically that a product works, the registration is based on longstanding use of the product as a traditional medicine
- PrescQIPP has made available a patient information leaflet explaining why herbal supplements will no longer be prescribed [<u>link</u>] *
 - * PrescQIPP documents are available to organisations that subscribe to their service.

Groups / Individuals who have overseen the development of this guidance:	Joint Formulary Support
Groups which were consulted and have given approval:	NCL Joint Formulary Committee
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