

## Oral Nutritional Supplement Formulary in Adults - Primary Care Guidance

### Disclaimer

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## Document control

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Sept 2019	1.0	New document

## Document management

Groups / Individuals who have overseen the development of this guidance:	NCL Nutritional Group
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## NCL Oral Nutritional Supplement Formulary (Adults) – Primary Care Guidance

(for full list of ONS products, please consult the BNF)

### First Choice Products

Product	Presentation	Price per Serving (BNF June 2019)	Additional information Correct as of November 2018
*Aymes Shake®	1 box of 7 x 57g sachets. Vanilla, banana, strawberry, chocolate, neutral.	£0.60 £33.60 per month when prescribed BD	Gluten-free Halal certified (except for chicken flavour) Suitable for vegetarians (except for chicken flavour)
*Foodlink Complete Powder®	1 box 7 x 57g sachets. Chocolate, strawberry, banana, natural.	£0.60 £33.60 per month when prescribed BD	Gluten-free Suitable for vegetarians
*Aymes Shake Compact® (for patients who did not tolerate 200ml presentation)	1 box 7 x 57g sachets. Vanilla, banana, strawberry, chocolate, neutral.	£0.60 £33.60 per month when prescribed BD	Gluten-free. Halal certified (except strawberry) Suitable for vegetarians (except strawberry)
<p>*Requires a patient to be able to mix with full fat milk</p> <p>*May not be appropriate in the following patients;</p> <ul style="list-style-type: none"> <li>- Patients requiring complete nutrition e.g. reliant entirely on supplements, patients requiring enteral feeding</li> <li>- Renal patients (CKD stage 4 and 5)</li> <li>- Vegans and patients with lactose intolerance</li> </ul>			

### 2<sup>nd</sup> line ready-made supplements – for patients who did not tolerate 1<sup>st</sup> line choices

#### Milk based choices - 1.5kcal/ml and 300 kcal/bottle

Aymes Complete®	200ml bottle (Banana, vanilla, chocolate, strawberry)	£1.11 £62.16 per month when prescribed BD	Contains lactose Gluten Free Halal certified (except strawberry) Suitable for Kosher and vegetarians diets (except strawberry)
Ensure Plus milkshake style®	200ml bottle (vanilla, strawberry, chocolate, coffee, fruits of the forest, neutral, orange, peach, raspberry and banana)	£1.11 per bottle £62.16 per month when prescribed BD	Clinically lactose and gluten free Halal certified (except vanilla) Kosher certified and suitable for vegetarian diet (except strawberry, fruits of the forest, peach, raspberry)

#### Compact milk based feeds: Suitable if a lower volume is indicated or fluid restricted 2.4kcal/ml, 300kcal/bottle

Ensure Compact®	125ml bottle Vanilla, banana, strawberry, café latte	£1.33 per bottle £74.48 per month when prescribed BD	Contains lactose Gluten free Halal certified (except strawberry). Banana and vanilla flavours Kosher certified Suitable for vegetarian diet (except strawberry)
Altraplen Compact®	125ml bottle Banana, hazel-chocolate, strawberry, vanilla	£1.33 per bottle £74.48 per month when prescribed BD	Clinically lactose and gluten free Suitable for vegetarian, Halal and Kosher diets (except strawberry)

#### Juice based feeds: Suitable for patients who cannot tolerate milk based supplements – caution with diabetic patients 1.5kcal/ml, 330kcal/bottle

Ensure Plus Juice®	220ml Apple, orange, fruit punch, peach, lemon and lime, strawberry	£1.97 per bottle £110.32 per month when prescribed BD	Clinically lactose and gluten free Halal certified (except lemon and lime) Kosher certified (except strawberry) Suitable for vegetarian diets (except strawberry)
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