

Oral Nutritional Supplement Formulary in Adults - Primary Care Guidance

Disclaimer

This guideline is registered at North Central London (NCL) Joint Formulary Committee (JFC) and is intended solely for use by healthcare professionals to aid the treatment of patients within NCL. However, clinical guidelines are for guidance only, their interpretation and application remain the responsibility of the individual clinician. If in doubt, contact a senior colleague or expert. Clinicians are advised to refer to the manufacturer's current prescribing information before treating individual patients.

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Document control

Date	Version	Amendments
Aug 2020	1.1	Addition of Aymes ActaSolve Smoothie

Document management

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NCL Oral Nutritional Supplement Formulary (Adults) – Primary Care Guidance

(for full list of ONS products, please consult the BNF)

First Choice Products

Product	Presentation	Price per Serving (prices from dm+d June 2020)	Additional information Correct as of November 2018
*Aymes Shake®	1 box of 7 x 57g sachets. Vanilla, banana, strawberry, chocolate, neutral.	£0.49 £27.44 per month when prescribed BD	Gluten-free Halal certified (except for chicken flavour) Suitable for vegetarians (except for chicken flavour)
*Foodlink Complete Powder®	1 box 7 x 57g sachets. Chocolate, strawberry, banana, natural.	£0.49 £27.44 per month when prescribed BD	Gluten-free Suitable for vegetarians
*Aymes Shake Compact® (for patients who did not tolerate 200ml presentation)	1 box 7 x 57g sachets. Vanilla, banana, strawberry, chocolate, neutral.	£0.49 £33.60 per month when prescribed BD	Gluten-free. Halal certified (except strawberry) Suitable for vegetarians (except strawberry)
Aymes ActaSolve Smoothie (juice-style powdered ONS)	1 box of 7 x 66g sachets. Mango, peach, pineapple and strawberry and cranberry	£1.00 £56.00 per month when prescribed BD	Gluten-free Suitable for vegetarians and vegans Halal certified Caution in diabetic patients
<p>*Requires a patient to be able to mix with full fat milk</p> <p>*May not be appropriate in the following patients;</p> <ul style="list-style-type: none"> - Patients requiring complete nutrition e.g. reliant entirely on supplements, patients requiring enteral feeding - Renal patients (CKD stage 4 and 5) - Vegans and patients with lactose intolerance 			

2nd line ready-made supplements – for patients who did not tolerate 1st line choices

Milk based choices - 1.5kcal/ml and 300 kcal/bottle

Aymes Complete®	200ml bottle (Banana, vanilla, chocolate, strawberry)	£1.05 £58.80 per month when prescribed BD	Contains lactose Gluten Free Halal certified (except strawberry) Suitable for Kosher and vegetarians diets (except strawberry)
Ensure Plus milkshake style®	200ml bottle (vanilla, strawberry, chocolate, coffee, fruits of the forest, neutral, orange, peach, raspberry and banana)	£1.11 per bottle £62.16 per month when prescribed BD	Clinically lactose and gluten free Halal certified (except vanilla) Kosher certified and suitable for vegetarian diet (except strawberry, fruits of the forest, peach, raspberry)

Compact milk based feeds: Suitable if a lower volume is indicated or fluid restricted 2.4kcal/ml, 300kcal/bottle

Ensure Compact®	125ml bottle Vanilla, banana, strawberry, café latte	£1.33 per bottle £74.48 per month when prescribed BD	Contains lactose Gluten free Halal certified (except strawberry). Banana and vanilla flavours Kosher certified Suitable for vegetarian diet (except strawberry)
Altraplen Compact®	125ml bottle Banana, hazel-chocolate, strawberry, vanilla	£1.33 per bottle £74.48 per month when prescribed BD	Clinically lactose and gluten free Suitable for vegetarian, Halal and Kosher diets (except strawberry)

Juice based feeds: Suitable for patients who cannot tolerate milk based supplements – caution with diabetic patients 1.5kcal/ml, 330kcal/bottle

Ensure Plus Juice®	220ml Apple, orange, fruit punch, peach, lemon and lime, strawberry	£1.97 per bottle £110.32 per month when prescribed BD	Clinically lactose and gluten free Halal certified (except lemon and lime) Kosher certified (except strawberry) Suitable for vegetarian diets (except strawberry)
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