

Flash Glucose Monitoring (Form FS1)

REQUEST TO GP FOR ACUTE PRESCRIBING FOR UP TO 4 MONTHS

This patient has been initiated on flash glucose monitoring in accordance with the [London Clinical Networks/LPP guidance](#) for the NHS in London

Patient Details		GP Details	
Surname:		GP Practice:	
Forename:		GP name:	
Address:		Address:	
Postcode:		Postcode:	
Email :		Tel:	
NHS No:		Fax:	
DOB:		NHS.net email:	
SEX:	Male / Female		

To be completed by the initiating diabetes specialist clinic			
Ensure a Blueteq form has been submitted		Blueteq patient ID no.:	
Tick (✓) indication that applies	Approved indication for flash glucose monitoring		
	Indication 1: People with type 1 diabetes on multiple daily injections or insulin pump therapy who test frequently (>8 times per day).	Baseline values: No. of test strips/day:	Expected outcomes at 3-6 months:
	Indication 2: People with type 1 diabetes unable to routinely self-monitor blood glucose due to disability who require carers to support glucose monitoring and insulin management.	Baseline values: No. of test strips/day:	Expected outcomes at 3-6 months:

	<p>Indication 3: People with type 1 diabetes for whom the specialist diabetes MDT determines have occupational (e.g. working in insufficiently hygienic conditions to safely facilitate finger-prick testing) or psychosocial circumstances that warrant a 6 month trial of flash glucose monitoring with appropriate adjunct support.</p>	<p>Baseline values: No. of test strips/day:</p> <p>Expected outcomes at 3-6 months:</p>
	<p>Indication 4: People with any form of diabetes on haemodialysis and on insulin treatment and are clinically indicated as requiring intensive monitoring >8 times daily</p>	<p>Baseline values: No. of test strips/day:</p> <p>Expected outcomes at 3-6 months:</p>
	<p>Indication 5: People with diabetes associated with cystic fibrosis on insulin treatment</p>	<p>Baseline values:</p> <p>Expected outcomes at 3-6 months:</p>
	<p>Indication 6: Pregnant women with type 1 diabetes (eligible for 12 months' supply of flash glucose monitoring inclusive of post-delivery period).</p>	<p>Expected outcomes:</p>
	<p>Indication 7: People with type 1 diabetes and recurrent severe hypoglycaemia or impaired awareness of hypoglycaemia where flash glucose monitoring system would be more appropriate for the individual's specific situation.</p>	<p>Baseline values: No. of test strips/day:</p> <p>Expected outcomes at 3-6 months:</p>
<p>Clinician name and title:</p>		
<p>Clinic name and address:</p>		



Tel number:	
Fax number:	
NHS.net email:	
Signature	
<p>Date flash glucose monitoring initiated and 2 sensors supplied:/...../.....</p> <p>Date of usage review in clinic (at 4 weeks post initiation) and further 2 sensors supplied:/...../.....</p> <p>Next clinic appointment:/...../.....</p> <p><i>Send this form to patient's GP after the usage review at 4 weeks post-initiation. Advise the patient to contact their GP Practice to obtain acute prescriptions for sensors</i></p>	
Notes to General Practice:	
<p>Number of months of acute prescriptions requested: Up to 4 months (2 sensors/per month)</p>	

<p>General Practice: Please complete relevant section below and send this form back to the specialist clinic confirming whether or not you agree to issue acute prescriptions for flash glucose monitoring sensors until next clinic review appointment. A copy should be retained in the patient record.</p>	
<p>This is to confirm I am agreeing to continue short-term prescribing of flash glucose monitoring sensors for this patient until confirmation for a repeat prescription has been received from the next clinic review.</p> <p>Name: Signature: Date:/...../.....</p>	
<p>This is to confirm that I am NOT willing to accept prescribing responsibility of flash glucose monitoring sensors for this patient <u>for the following reason:</u></p> <p>Name: Signature: Date:/...../.....</p>	

AREAS OF RESPONSIBILITY

Specialist clinic - the following terms must be met before issuing Form FS1 to GP:

- Flash glucose monitoring prescribed in accordance with the NHSE London Diabetes Clinical Networks/NHS London Procurement Partnership flash glucose monitoring prescribing implementation guidance
- Submission of Blueteq Form to the CCG
- Provide patient with training and information, and ensure they are competent to use the flash glucose monitoring system.
- Provide FreeStyle Libre® handset, sensor starter pack and one additional sensor at initiation (only applicable for patients initiated by the NHS diabetes clinic)

Following initiation of flash glucose monitoring, the specialist clinic agrees to:

- Review the patient at follow up appointment at month 1 post initiation
- Monitor and review progress of clinical outcome criteria as described for the individual patient above 3-6 months after initiation.
- Discontinue flash glucose monitoring if the agreed benefits and outcomes not achieved at 3-6 months OR
- Complete form FS2 (request to GP to transfer to repeat prescriptions) at month 3-6 and send to GP.
- Complete all relevant data collection forms.
- Continue to review patient at clinic – including use of device – at least annually.
- To communicate promptly with the GP if treatment is changed.

Primary care practitioners are asked to consider the following:

- Return Form FS1 to specialist clinic indicating whether they agree to issue acute prescriptions for up to 4 months. Please complete and return within 2 weeks of receipt.
- Return Form FS2 to specialist clinic indicating whether they agree to transfer to long term repeat prescriptions. Please complete and return within 2 weeks of receipt.
- Issue repeat prescriptions for sensors as agreed for long term prescribing (2 sensors per month).
- Follow specialist advice on any changes in treatment.
- Refer back to the specialist if there any concerns regarding the use of the flash glucose monitoring system.

Patient responsibilities are detailed in patient-prescriber agreement

- Wear the sensor continuously and scan at least 8 times per day, providing 20-24 hours of continuous glucose readings per day.
- Return for a follow up appointment at clinic at month 1, month 3-6, and at least annual appointments thereafter.
- Attend follow up appointment with GP as requested, 1-2 months after being transferred to receive long term repeat prescriptions
- Inform the specialist clinic if they have any problems in the use of the flash glucose monitoring system.